



**MY LEARNING SPACE**  
BY MMT UNIVERSAL ACADEMY

# WELLTECH CONNECT CONFERENCE 2025

**REDEFINING PRODUCTIVITY AND  
WELL-BEING IN THE DIGITAL ERA**

**24 APRIL 2025 | 8.30AM – 1.00PM**  
EASTIN HOTEL, KUALA LUMPUR

***SIGN UP TODAY***



**For enquiries, please contact:**

**Call | +6016 279 1228 | +603 2149 9257**

**Email | yana@mmt.my | info@mmt.my**



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**Laisha**  
Active Life



## AGENDA

8.00 am – 8.45 am

**Registration Networking's & Refreshment**

8.45 am – 9.00 am

**Opening Ceremony**

Welcoming Address By VIP (TBC)  
Digital Wellbeing in a Connected World



9.00 am – 9.30 am

**Keynote by Dr Lawaniah Sandran**

The Digital Dilemma: Thriving in a Hyperconnected World

9.30 am – 10.30 am

**Session 1 by Saravanan Karumanan**

The Human-centred Workplace:  
Creating a Culture of Connection in a Digital World

10.30 am – 11.00 am

**Session 2 by AI Avatar Showcase – Marissa**

11.00 am – 12.00 pm

**Panel Discussion**

Work, Life & Wi-Fi: Finding Balance in a 24/7 Digital World

**Moderate by Freda Liu**

Panel 1 : Azratul Rashid from Jelawang Capital

Panel 2 : Shalany Balakrishnan from Khazanah  
Nasional Berhad

Panel 3 : Chew Ann Jee from Payments Network Malaysia  
Sdn Bhd (PayNet)

12.00 pm – 1.00 pm

**Closing Session: International Session by  
Dr Anastasia Dedyukhina**

Digital Transformation, Misunderstood : Why We Need To  
Enhance Human Rather Than Digital Skills To Stay  
Competitive In The Future Of Work

1.00 pm – 2.30 pm

**Lunch & Networking**



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## MEET THE EXPERTS



**Saravanan  
Karumanan**

Head of  
Leadership  
Development

CelcomDigi



**Azratul  
Rashid**

Head of  
Human Resource  
& Services

Jelawang Capital



**Dr Lawaniah  
Sandran**

Lifestyle Medicine  
Physician & Workplace  
Wellbeing Consultant

Laisha Active Life



**Dr Anastasia  
Dedyukhina**

Global Digital  
Wellbeing Thought  
Leader, Bestselling  
author, Entrepreneur  
& Researcher

Consciously Digital  
Institute (CDI)



**Chew  
Ann Jie**

Head of Talent  
Management  
& Development

Payments Network  
Malaysia Sdn Bhd  
(PayNet)



**Shalany  
Balakrishnan**

VP, Strategic  
Human Capital  
Management Division

Khazanah Nasional  
Berhad



**Freda  
Liu**

Global Speaker, Author,  
& Broadcast Journalist

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## SPEAKERS

6 Expert Voices, including International Speaker

## SESSIONS

4 Focused Discussions

## DELEGATES

>100 Digital Wellbeing Advocates & Delegates

## PROVEN METHODS

High Values Insights & story straight from MNCs & GLCs

## CONFERENCE EFFICIENCY

Half-day format ensures minimal disruption

## CONFERENCE PASS FEE

**RM899/per pax**



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